

Terms and Conditions:

This website is owned and operated by the Cromwell Group LLC. These terms set forth are the terms and conditions under which you may use our website and services as offered by us. This website offers visitors yoga services or workshops, Reiki services or workshops, whole food plant-based coaching, essential oil products, and retreats. By accessing or using the website of our services you approve that you have read understood and agree to be bound by these Terms.

In order to use our website add/or receive our services you must be at least 18 years of age or the legal age of majority in your jurisdiction and possess the legal authority, right and freedom to enter into these terms as a binding agreement. You are not allowed to use this website and or receive services if doing so is prohibited in your country or end any law or regulation applicable to you.

When buying any item or service you agree that: 1. you're responsible for reading the full item listing before making a commitment to buy; 2. you enter into a legal binding contract to purchase an item when you commit to buy an item and you complete the checkout payment process.

The prices we charge for our services, for our products slash or for our retreats are listed on the website. We reserve the right to change our prices for products services and retreats displayed at any time, and to correct pricing errors that may inadvertently occur. Additional information about pricing and sales tax if applicable will be on the payment page. The fee for services and any other charges you may incur in connection with your use of our services such as taxes and possible transaction fees will be charged on a monthly basis to your payment method.

We may permanently or temporarily terminate or suspend your access to our services and products without notice and liability for any reason including if in our sole determination you violate any provision of these Terms or any applicable law or regulations. You may discontinue use and request to cancel your account and or any service at any time period notwithstanding anything to the contrary in the foregoing with respect to automatically renewed subscriptions to paid services such as subscriptions will be such descriptions such subscriptions will be discontinued only upon the expiration of the respective period for which you have already made payment.

We reserve the right to modify these terms from time to time at our sole discretion therefore you should review this page periodically when we change the terms in a material manner we will notify you that material changes have been made to the tombs you'll continue to use of the website or our service after any such time after any such chain constitutes your acceptance of the new terms if you do not agree to any of these terms or any future version of the terms do not use or access will continue to access the website or the service.

The Cromwell Group LLC. though The Self Retreat events may incorporate live online instruction using web conferencing technologies (e.g., Zoom):

Registrants agree to respect the privacy of their colleagues by not recording video or audio or capturing still images of these experiences.

The Cromwell Group LLC. agrees to restrict its sharing of any recordings for entertainment and learning experiences. Recordings will be used for any other educational experience and for our public purposes.